

A calmer intervention

Help Two People Pause a Conflict | Conflict & repair

"Let's pause. I can stay here while we give each other some space."

Use these prompts for your own preparation. Leave out identifying details you do not need.

The immediate safety need

A neutral pause sentence

Practical space or support

The issue to return to later

Any adult repair needed

Prompts are starting points to adapt. This is not an assessment or a promise of a particular response.