

Fact, purpose, invitation

Explain Why You're Asking | Offering support

"I noticed the plan changed. I want to understand what help, if any, you need."

Use these prompts for your own preparation. Leave out identifying details you do not need.

The fact I noticed

My honest purpose

The part that is open to discussion

My invitation

Any boundary I need to explain

Prompts are starting points to adapt. This is not an assessment or a promise of a particular response.