

Ownership and pressure

Check Whose Goal It Is | Building independence

"What matters to you about this, and which expectations are coming from outside?"

Use these prompts for your own preparation. Leave out identifying details you do not need.

The goal

My child's reasons

Outside expectations

Requirements that remain

Costs and competing needs

One adjustment to discuss

Prompts are starting points to adapt. This is not an assessment or a promise of a particular response.