Chores for 9-year-olds

Choose one suitable task to try. These are options to adapt to your child and home, not nine jobs to do every day. Show the job and the help available before starting.

Task to try	What finished looks like	Adult help or limits
Put away books and toys	One agreed patch of floor is clear; items are in their places	Provide reachable storage; move heavy items yourself
Put away clean clothes	This small pile is in the drawer, off the floor	Show where things go; lower the storage or use a basket if needed
Sort laundry	This basketful is sorted into the groups you demonstrated	Demonstrate the sorting; keep detergent and machine use with an adult
Set or clear dishes	The agreed nonbreakable items are at the table or collection spot	Handle knives, hot food and fragile items first; check the carrying route
Wipe the dinner table	Crumbs are collected, the surface wiped and the cloth put back	Provide a suitable damp cloth; remove hot or hazardous items first
Sweep a small area	Dirt from the agreed area is in the dustpan	Show the tools; handle broken glass and other hazardous waste yourself
Put away light groceries	Selected items are in reachable storage	First separate heavy, fragile or special-handling items
Assemble a cold snack	The agreed ingredients are combined and supplies put away	Check suitable ingredients and do cutting first; no stove or sharp tools
Water a low plant	The plant is watered as shown; spills are wiped up	Use a manageable watering can; no climbing or moving heavy pots

Adults handle hot items, blades, cleaning products, machinery and hazardous waste. No climbing, heavy lifting or sole care of younger children. If a task hurts or is unsafe, stop and change the task or help.

Task ideas: AAP chore guidance. Finish points and support: BondSeed examples to adapt. Full references are in the Guide.

ONE TASK / SPACE TO WRITE OR DRAW

Our plan for one chore

Try one workable job. An adult teaches it first and keeps their part of the plan. Use pictures or a shared check if writing does not fit.

The one task and its small scope

Which items or area? Keep personal tidying and shared work clear.

What finished looks like

Write or draw the agreed finish point. Avoid adding a new standard afterward.

When and how often it needs doing

Fit the actual need and day; not every task needs doing daily.

What the adult will prepare, teach or help with

Include reachable supplies, safe setup, a demonstration and who can help.

If we forget, get stuck or cannot start

How will we ask for help? Check the obstacle and agree a workable backup.

When we will check the plan again

Check the task, timing and adult help before adding more work.

Keep necessary hygiene and safety covered by an adult. A missed task is a reason to check the plan, not proof of laziness or a reason to double the work as punishment.